

Foil Art

Be creative with kitchen foil

Rainbow heart.....cut out a heart shape using cardboard or a stiff piece of card. Cover in kitchen foil and decorate the colours of the rainbow using sharpie pens/felt tip pens.

Look around the house, garage and garden for items to cover in foil..colour if desired....you will be amazed at some of the results. Items to look out for...flower pots...shells...boxes...old photo frames...old drink mats...old ornaments..the list goes on.

2..FOIL ART

Glue wool or string onto a stiff piece of card or cardboard to create a pattern. Cover the string/wool side with foil. Press gently so the imprint of the string/wool shows through. Using a very small amount of black shoe polish on a cotton wool pad (if available) rub gently over the surface. This will create a gun metal effect. If shoe polish is not available colour as desired.

Finally any shape you cut out can be covered in foil and coloured..... butterflies.....birds....tiny hearts can be cut and loosely placed inside a photo frame that is not being used

3..Foil Art

...you can create your own background for inside the frame..cut out newspaper articles...draw a design and colour ...stick some foil hearts to the back of the inside of frame to act as a backdrop for the loose hearts you place in frame, when the back of frame is closed the frame can be shaken to produce different patterns.